

FCSS in ACTION

Quarter I, 2011

VOL. 2 ISSUE 1



Where We've Been

Cultivate Your Community through 40 Asset Development

Purpose Statement: To develop a network of caring adults to support youth.

Overall Goal: That youth will feel valued and supported by the community and the community will have an increased knowledge of the role they play in creating that.

Attendees: 17

Feedback:

Quantity received - 6 (35% of attendees)

Asked: Do you have an increased understanding of positive youth development as a result of your attendance? All - Yes

Asked: Do you have an increased understanding of the 40 Developmental Assets as a result of your attendance? 5-Yes, 1-No

Asked: What other types of information events do you feel should be covered?

"More brainstorming sessions on how to cultivate the 40 Assets."

"Visit Parent Council meetings to share this information"

Additional Comments or ideas to increase Asset awareness or develop assets in our youth:

"Youth Group?"

"Very thankful to the school support"

"As a senior and grandparent I feel I can make a difference in my community - awareness is the key"

Coordinator Comments:

With 17 in attendance the turnout was disappointing. That being said, there were key individuals in attendance: 2 councillors, 4 municipal staff, both school principals and 3 teachers.

There were some practical ways to develop assets introduced with the St. Albert videos. The address to view those clips is: <http://www.stalbert.ca/40-developmental-assets>



Where do we go from here with Asset Development:

- There will be an asset introduced in each month of the Legal-lerie with practical ways to build that asset in youth.
- Continue to build awareness in the community through other programs and events in town.
- Continue to follow-up with the youth focus group created by the drama class that did the Asset skit on how to target youth at risk who may possess few assets and have limited home support.

Legal YOUTH

S.A.F.E.

Stand-Up and Feel Empowered! Youth Conference April 1-3, 2011

The Legal Youth Committee is paying for five youth to attend this Camp Nakamun event put on by Sturgeon County Community Services. Legal FCSS is helping too by paying mileage to transport the youth to and from the event! Our youth have been asked to do an ice-breaker activity.

The media is watching and *The Free Press* has asked to interview two of the conference attendees for an article in that publication.

40 Asset Focus Group

On March 17th Councillor Trina Jones and FCSS Coordinator, Ruthann Weeks met with the Jr. High drama class over pizza to pick their brains on Asset Development: They are a very astute group and see how the media, T.V. and the music industry glorify promiscuity, swearing, drugs and alcohol use.

The group feels safe in Legal and most indicated support at home or have another caring adult they could turn to. They feel well connected and cared for in their schools and like hanging out at the youth club.

Legal Youth Club

The club is open every Friday that school is in session from 7-10 pm. Attendance has steadily increased and averages about 20 per evening.

A concession is in operation running on cost recovery.

Transportation remains a barrier for activities off premises. The youth would like to have bowling, movie or swim nights. Bussing for these events runs from \$200- \$400.00. FCSS can help cover transportation costs for preventative social initiatives but not for recreational pursuits.

COME JOIN US FOR A SUMMER SURPRISE!



This is a free drop in program for children (birth to 6 yrs.) and their parents or caregivers.

There will be games, songs, parachute, snacks and summer fun!!

**DATES: July 12th – August 23rd
(Every Tuesday) 10 till noon**

**Location: Gazebo at the Citadel Park
(come rain or shine)**

**For more info, please contact Sandra at
780-413-9153, then 998-5595 Ext. 229
or Ruthann at the Town Office**

Parent Link Centre (PLC)

In addition to the NEW summer program for children 0-6 years old (see above) PLC is planning an Ice-Cream Social this summer!

They've asked FCSS to help with a summer launch party to promote the summer program in June.

Fall 2011 brings plans for a restart of the popular Collective Kitchens Program, PPP Parenting Program and the continuation of the well attended Parent Coffee Talk, Creative with Kids and Music with Munchkins!

**Thanks PLC for the great work you do in
our community!**

Community Services Board

We regret the resignation of Lynn Jackson from the board. Thanks for the time you spent volunteering with us Lynn!

April 6th is a strategic planning dinner meeting where the board, with input from the FCSS Coordinator, Recreation Coordinator, CAO and Council representatives Albert St. Jean and Lisa Magera, will discuss FCSS program development and allocate program funding for the current year.

Grant: In February a grant of \$500.00 was offered to service groups and organizations in town towards the implementation or delivery of preventative social service initiatives. The only application received was from Big Brothers/Big Sisters which offers an in-school program at the Legal School utilizing 9 middle school mentors working with the younger children.

Volunteer Appreciation Event Mardi Gras Theme

The Board, under Christine's direction, is in the final stages of planning another fun filled evening to honour and recognize our numerous volunteers! This event is sure to be a fun packed and entertaining evening!

*The volunteer has become a major force
in our lives,*

*Because it is not possible for man to live
separated from others.*

*We are involved in each other's lives,
Not by choice, But by necessity.*

~ Nils Schwiezer

Coordinator Report

Recent Training:

Little Warriors: This was a free workshop for professionals held Westlock. Little warriors is a program that works to help prevent child sexual abuse. The numbers of children affected by sexual abuse is staggering and leads to an increase in violent crime, teen pregnancy and other undesirable behaviours. I would like to bring this training to Legal residents and professionals.

FOIP Training: Christine and I took our privacy and information training and learned about the legislation and regulations for governing bodies. I was happy to find out that we are permitted to use photos taken at public events if we put a notice on promotional materials for the events that photos will be taken.

Outcomes Training: I, along with colleagues from neighbouring municipalities, met with some lovely ladies working with the ministry delivering outcomes training workshops around the province to FCSS professionals. I received practical tools for defining needs and goals, determining strategies and analyzing outcomes.

Spring Directors Network:

Was held in Lac La Biche in March. There was a wonderful sharing of information with directors from around the province, an update from the ministry office and keynote speakers sharing information and resources.

One of the main topics covered was the impending labour shortage in our province and the social service implications that entails.

The art of being wise is knowing what to overlook.

William James